

PARENTING SKILLS TRAINING REPORT

Facilitator: Thulile Shozi and Linda Mavundla

Location: Siyaphambili crèche Masinenge informal settlement (ext 7 Margate)

Training Dates: 03-06 December 2019

Ward: 03

Number of participants: 16

Introduction

This report entails what was covered during parenting skills training at Masinenge. A total of 16 participants attended the training. The report will touch on the following topics -training objectives, ground rules, learner profile, expectations, pre evaluation and post evaluation, training reflection by facilitators, assessment and conclusion.

Training Objective

To equip parents with skills to raise their children in an acceptable manner taking into consideration the children's rights as well.

Ground rules

- Raise your hand if you want to talk
- Keep confidentiality
- Phones to be on silent
- Participation by all
- Respect one another
- Start at 8:30 and Finish at 14:00
- Break at 11:00

Expectations

- How to identify a child who has special need
- Ways to raise a child
- How to build good relationship with your child
- To learn more about the uniqueness of a child in terms of capability and creativity
- Child abuse

Learner Profile

The attendees were female predominantly crèche workers and shack-dwellers ages ranging from 17 years to 51 years. Most of them were Xhosa speaking and few Zulu speakers. All of them had children. Some had children whom they came with to attend. They had little knowledge about parenting skills and child protection. One was semi-literate and needed help when writing.

Pre and Post Evaluation

Pre-evaluation Responses	Post-evaluation Responses
<p>Give 3 qualities of a good parent</p> <ul style="list-style-type: none"> ● A parent that take care of a child that is hers or not hers ●That shows love to her children ●A parent that is a role model to her child ●That take care of her children in terms of sickness and abuse and to make them clean ●Give love to a child, take care and give advice to her child ●Love, care and providing food for your child ●Take care of a child when in need, do not abuse a child bit support him ●Make sure that the child is clean, follow up when unhappy and give a child a chance to talk ●To have love and respect so that other parents will learn from you and your children will learn from you as a parent ●Give love to your child, Keep her in a clean environment, give her healthy food and ensure that the child is clean. ●To love your child, do not shout at her and show her how to do chores. ● Have respect, well-behaved and be a church goer. ●Care and look after your family ●Prepare for your children when going to school, keep them in a clean environment and know their whereabouts, advise her children and make them know how to differentiate between bad and good 	<p>Give 3 qualities of a good parent</p> <ul style="list-style-type: none"> ● A parent who communicate well with a child, care for the needs and love her child ●Be a role-model, play and listen to your children ● A good parent listen to her children, protects them and do not shout at them and call them with names. ● Communicate well with children, love and support them ●Show love to her children, care for them. Be exemplary to her children ●Give love to her children, care and provide shelter ●Love and care and support for her children ●To speak with your child, love her and take care of her needs ●A good parent give love and take care of her children and love them accordingly. ● A good parent love her kids, care for them and give them shelter. ●First you respect yourself as a parent and respect the rules they have put together with children, talk with them and listen to them.
<p>Give 3 basic needs of a child?</p> <ul style="list-style-type: none"> ● Provide food, clothes and education ● Give children education and money so that they do not get it wrongly. 	<p>Give 3 basic needs of a child?</p> <ul style="list-style-type: none"> ●Food, love and shelter ●Food, discipline and protection

<ul style="list-style-type: none"> ● Love, care, and motivation ● Love, care and cleanliness ● Eat healthy food, get good education, in a healthy environment ● A child should have respect and not talk back to her parent. A child should learn from a parent to respect ● Love and take care of your child ● A child should always be clean, live in a clean environment and teach her to differentiate between good and bad. ● Need food, bath, certificate and immunisation card. ● food, clothes and other things ● A child need a birth certificate, care, healthy food. If it is a girl child the mother should teach her house chores and to behave herself 	<ul style="list-style-type: none"> ● Love, acknowledge the behaviour as a result of developmental stages and listen to your child ● Education, food and shelter and motivation about education ● Shelter, clothes and food ● Food, education, love and shelter ● Food, respect and good values ● Food, education, role-model ● Education, respect and good values ● Food , shelter, love and education ● Shelter, love and education ● Respect, food and love
<p>Explain these types of abuse</p> <p>a)Physically:</p> <ul style="list-style-type: none"> ● Gets painful when you touch child’s body ● It is to hit and hurt the child’s body with a stick or hands ● To treat a child badly ● Abuse ● Take care of your body ● Do not hit your child ● It is to hit a child and leave a mark on her body ● To shout at the child ● When a child do not get food ● To be bitten ● When abused by anyone ● To hit someone <p>b)Sexually:</p> <ul style="list-style-type: none"> ● It is child’s rape ● When someone has sex with you without your consent ● To rape a child ● Rape ● To have sex when still young ● Behave yourself and protect yourself ● Make her clean at all times 	<p>Explain these types of abuse</p> <p>a)Physically: :</p> <ul style="list-style-type: none"> ● When you bit a child ● To hurt someone physically such that they wear clothes that hide marks resulting from abuse ● To hit someone and hurt them physical sometimes with a hot iron or matches. ● When someone hit or strangle you ● When you burn a child with a hot iron ● When a child is bitten by other kids ● To give someone a heavy hiding ● To hit the child ● When not taken care physically <p>b)Sexually:</p> <ul style="list-style-type: none"> ● To sexually abuse someone ● Sexually abuse someone is always tired and have itchy feeling in her vagina sometimes discharge comes out ● To have sex with a minor or without his or her consent ● It is rape

<ul style="list-style-type: none"> ● It is when your partner want to have sex with your child ● To abuse a child ● Always scared ● To be abused by a men ● To be raped ● To have sex with someone without their consent. <p>c) Emotionally:</p> <ul style="list-style-type: none"> ● To listen to a child when speaking to you ● It is to swear at someone and to talk bad things to her or with her ● To shout at a child ● When someone forces you to do something ● Sit down with your child and talk ● Take care of your feelings ● Protect her from unsafe areas ● It is to love someone who does not love you back ● To explain to a child ● When the child is always shout at ● When you are not taken care of ● When you speak bad things about someone ● To abuse unintentionally 	<ul style="list-style-type: none"> ● When someone have sex with you without your consent ● You have discharge coming out of your vagina ● The child sometimes distance herself from other children and do not play with them ● To touch a child's private parts and have sex with them <p>C) Emotionally</p> <ul style="list-style-type: none"> ● Name calling a child ● Very sensitive sometimes bite her mouth or pull her hair ● Labelling or shouting at someone. Rather talk and do not shout ● It is when someone is harassing you ● When do not have internal peace ● Get a fright easily, scared ● Fight other kids ● To be heartbroken ● Get frightened when someone touches them ● When name calling someone they suffer emotional abuse
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Assessment

Start Date	End Date
Facilitator's Name	Thulile Shozi and Linda Mavundla
What have you learn about:	
<ul style="list-style-type: none"> ● The role of a parent? 	<ul style="list-style-type: none"> ● A good parent protect her children ● give them love ● Listen to your children and believe them ● S/he takes care of the children ● A parent take care of the children ● A parent's responsibility is to give love to your children and support them ● Give children advice as a parent and do not hear stories from neighbours about your child ● It is to raise, care, love and provide for the child

	<ul style="list-style-type: none"> ● It is to take care of a child and fulfil the needs of a child ● It is to love your child and fulfil the needs of a child and provide food ● A parent is the head of the family ● It is to take care of a child, fulfil child's needs, listen to a child and teach the child to be responsible ● It is to take care of her children and give them warm love
Meeting the needs of a child	<ul style="list-style-type: none"> ● To provide shelter, food, education and clothes ● That it is crucial to talk to a child If you could not fulfil his need at that time and not shout at him ● It is to take care of the child's needs like education and health as the child grows ● Take care of the child like to ask how was your day at school today ● To help your child with school work ● To look after a child so that I fulfil her needs ● To teach your child house chores and help with schoolwork ● Be a parent that value her children, talk with them and be friends with them ● To ensure that your child is clean and has something to eat ● You need to buy school items, entertain the child so that the child feel loved
Stress	<ul style="list-style-type: none"> ● How to deal with stress like to drink water and to take a nap if it is too much go to the clinic and seek help ● It is to feel emotionally abused or fed up ● Your brain become tired and you have stress when you are heart broken ● Tell you children that you are stress and you are taking a nap. Let them know it is not their fault if not. ● How to deal with stress ● You need to have time alone or sleep ● It is when you do not feel ok maybe heartbroken ● It is when you have a lot that you have to take care of in life ● It is to always thinking and your brain does not rest ● It is to be emotionally drained
Symptoms of HIV and AIDS	<ul style="list-style-type: none"> ● You get HIV from unprotected sex

	<ul style="list-style-type: none"> ● You get it from helping someone who is bleeding when have open wound ● Feel tired, prolonged flu and head ache ● Become thin and tired but others do not show any symptoms of HIV ● Tired, get thin and have a running tummy ● When you are infected take your medication accordingly ● To become thin, have headache, tired and flu ● You sweat at night and become tired. Do not drugs when have HIV ● Always tired, have headache and become thin ● You get HIV by having sex with someone who has it and by blood ● You become tired, have prolonged flu and headache
<p>Name parts of a human being</p>	<ul style="list-style-type: none"> ● Spirit, body and mind ● They are three ● Mind, emotions and spirit ● There are three: Body, soul and spirit ● There are three: Body, soul and spirit ● Body, soul and spirit ● Soul, spirit and body ● Body, soul and spirit
<p>Name three things that stop us from playing with our children</p>	<ul style="list-style-type: none"> ● It is because we do not give ourselves time to do so ● It is stress ● We always busy ● It is stress, we do not give our children time, it is to be ignorant and that we are sometimes busy ● It is because of work. We do not have time we are busy ● It is because I sometimes have stress ● It is due to fatigue ● I do not have time ● It is due to stress ● I do not sleep well at night ● It is due to domestic violence ● We always tired. It is because we do not to make time for our children so they play with other kids
<p>Name 4 things in your house that are dangerous</p>	<ul style="list-style-type: none"> ● Paraffin, expired medicine, matches, soap

	<ul style="list-style-type: none"> ●Paraffin illegal connected electricity and bucket of water ●Illegal connected electricity, paraffin, tablets and matches ● Paraffin, candles stove and matches ●Paraffin, medicine, construction pits left open and open electric cords ● Illegal electricity, paraffin and brazier ● Paraffin , illegal connected electricity, matches ● Paraffin, open fires, gas, and water ●Paraffin, candle, heater, illegal connected electricity ●Electricity, paraffin and fires
Did your facilitator:	
Communicate well with learners? Y/N Explain your answer	<ul style="list-style-type: none"> ●Yes ●Yes ●Yes ●Yes ● Yes we were listening to one another ●Yes she did. She explained things in such a way that we all understood ●Yes, she communicated well with us because we understood what she was informing us about. It was interesting and we listened ●Yes ●Yes
Show respect to all learners?	<ul style="list-style-type: none"> ●Yes ●Yes ●Yes ●Yes ●Yes ●Yes, she respected us ●Yes ●Yes ●Yes she respected trainees
Know their subject well	<ul style="list-style-type: none"> ●Yes ●Yes, Yes ●Yes ●Yes ●Yes ●Yes ●Yes ● Yes she knew what she was talking about because she was able to explain until you get what she was talking about ● Yes she knew it very well

	<ul style="list-style-type: none"> ● Yes she clarified everything well even when you did not understand she repeated it for you.
Seem to be well prepared and organised	<ul style="list-style-type: none"> ●Yes ●Some of the things I did not know but now I know how to raise my child ●Yes ●Yes, she seemed organised ●Yes ●Yes ● Yes she clarified everything very well
Please comment on training as a whole	<ul style="list-style-type: none"> ●It taught me how to raise my children well ●Now I feel as a skilled parent. We learnt what we did not know. Thank you to Thuli and Linda ●I learnt a lot from this training , I am happy ●It went well we benefitted a lot. Thank you for sending us people who understood us and listen to us as well. Thank so much. ●It is important what I learnt from this training. It is going to help me a lot in the work that I am doing. It has answered some of the questions I had with the children I am working with. The training has broaden my mind ●It was very interesting and informative ●She is a very open person ●It helped me a lot with things I did not know ● Yes she seemed well prepared indeed.

Facilitators' Reflection on the Training

The training ran for four days. The attendance was good especially with the crèche workers. Two other attendees were reported to have found piece jobs. A lot was covered in one day due to limited time but all the modules were dealt with.

The attendees showed interest in the module about "who is a child". Their interest was more on looking at a child's age and matching the behaviour with each developmental stage. They also had misconceptions around how to treat a child who has ingested paraffin and also dealing with a burn injury. Paraffin safety posters were used during safety module to emphasise the danger of paraffin and how to act once a child swallowed it and also what to do to treat a burn injury. How to keep other dangerous things used in the household away where children could not reach was also discussed. The other topics that were popular were 'child abuse' and 'communication". They seemed to have prior knowledge in some of the parts of the training as well. So they shared what they knew.

With the topic "Who is a parent" it was very hectic because it raised emotions to some of the attendees when doing the activity where they had to reflect on what did they learn from their parents. One said that she was abandoned by her mother and she was raised by

people who abused her. The other one shared that her mother died whilst giving birth to her and she was raised by people who did not care instead they abused her as well and she had to move from one household to another. It appeared that they were still angry and they shared tears. One of them left the class for a while after sharing her story and the other facilitator attended to her.

The different training methods were used like small group discussions and pair work but mostly plenary discussions and story -telling were used more due to time constraints. Otherwise all the modules were covered and participants enjoyed the training.

Materials

The training material was provided by Give a Family and it was enough for participants. Flipboard and newsprint was from GCF as well.

Venue

The venue was Siyaphambili crèche. There were enough chairs and ventilation as well. The natural light was good for everyone to see. The only challenge was that the venue is busy it is used for other community needs so there were sometimes people who were coming in and out whilst the training was in progress.

Conclusion

The training went well and the participants were very happy about what they learnt such that they invited GCF to come and give them more trainings of this calibre.

Photos of this training were taken and they are available in GCF camera. Other supporting documents including the register are available as hard copies in a file.